



Sashbear.org

# Sashbear Walk

making waves for mental health and suicide prevention

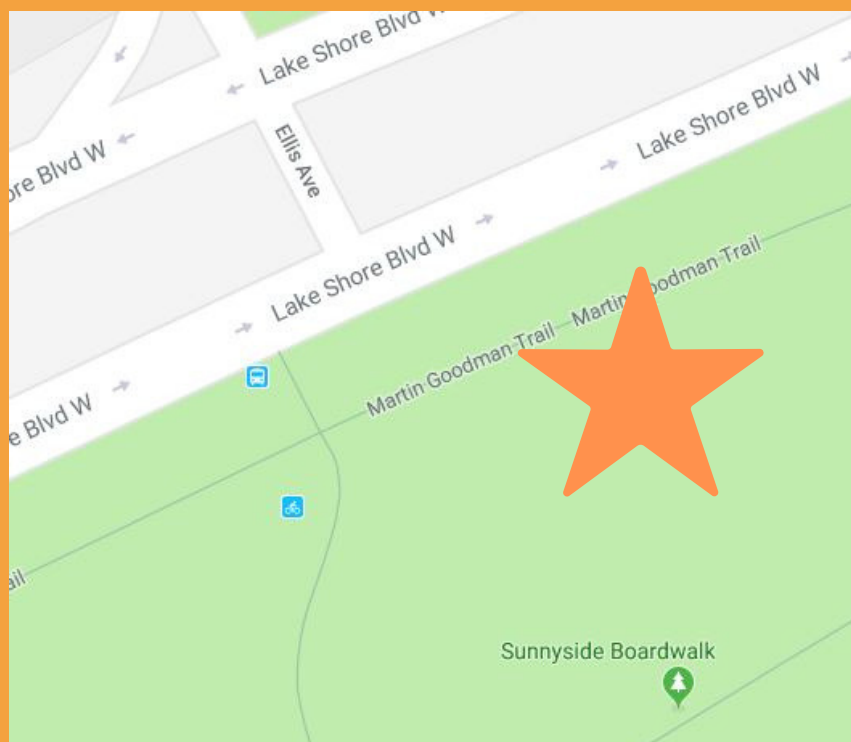
## JOIN US SUNDAY MAY 26, 2019

Bring your friends and family to the 7th annual Sashbear Walk - 5 km of hope in support of youth and families struggling with mental illness.

Register by May 7 - \$30  
After May 7 - \$35



Making waves together for youth mental health!



### Where is the walk?

Sunnyside Boardwalk along Toronto's waterfront  
Meet at park gazebo just east of Ellis Ave.

### When is the walk?

Sunday May 26, 2019  
9 a.m. check-in  
10 a.m. kick off ceremony  
10:30 a.m. official start

### How do I register?

Visit [sashbear.org](http://sashbear.org)