

## Recruitment of Research Participants

### Are you Chinese and caring for someone in your family with Borderline Personality Disorder (BPD)?

#### The Objectives of this Research Study

- ❖ To capture and understand the experiences and challenges of Chinese family members who support a person in their home who lives with Borderline Personality Disorder (BPD).
- ❖ To bring awareness of the experiences of families in the Chinese community who care for a person with BPD. The findings from this study will be helpful to Chinese families and to those who provide mental health care in this ethnic community.

#### To participate in this study, you are:

- 18 years old or above
- Of Chinese ethnicity who speaks either Cantonese, Mandarin and/or English
- Caring/supporting a family member diagnosed with BPD living in the same household for more than 2 years.
- Living in the Greater Toronto Area (GTA) or Southern Ontario

#### Research Participation Involves:

- An initial 30-minute telephone conversation to confirm participation eligibility, learn about the consent form contents, and interview arrangements.
- Attending to a 1-to-2-hour on-line or in-person interview with the researcher. The interview will be audio-recorded. Participants will be asked questions about their lived experiences in providing cares to their family members with BPD.
- A follow-up 30-minute conversation to clarify the audio transcript.

As an appreciation to your participation, you will receive a bookstore gift card valued at C\$20.

All the information collected will be kept confidential and no personal information will be disclosed.

If you are interested in participating or to learn more about this research study, please contact the researcher, Judy Wu (PhD student at Wilfrid Laurier University) by phone/WhatsApp/text messaging at 437-263-0378, or email her at [wuxx1590@mylaurier.ca](mailto:wuxx1590@mylaurier.ca). *All inquiries are confidential.*

This study has been reviewed and approved by the Wilfrid Laurier University Research Ethics Board (REB# 8281)

Please feel free to circulate this if you know someone who may be interested to participate. Thank you!